

Protocol development for Leukemia

By:

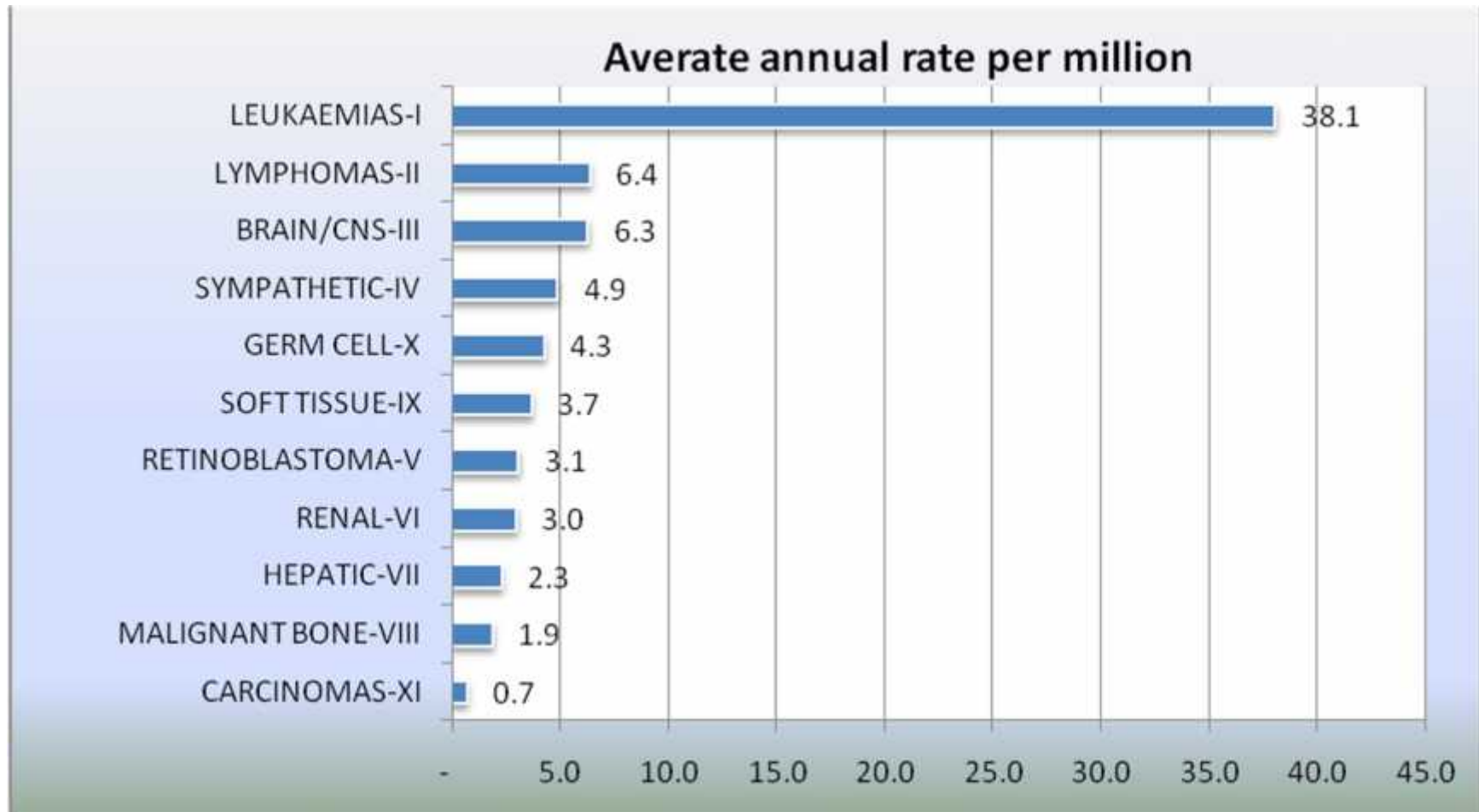
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Incidence in Thailand



Wiangnon, 2011

Incidence in Thailand

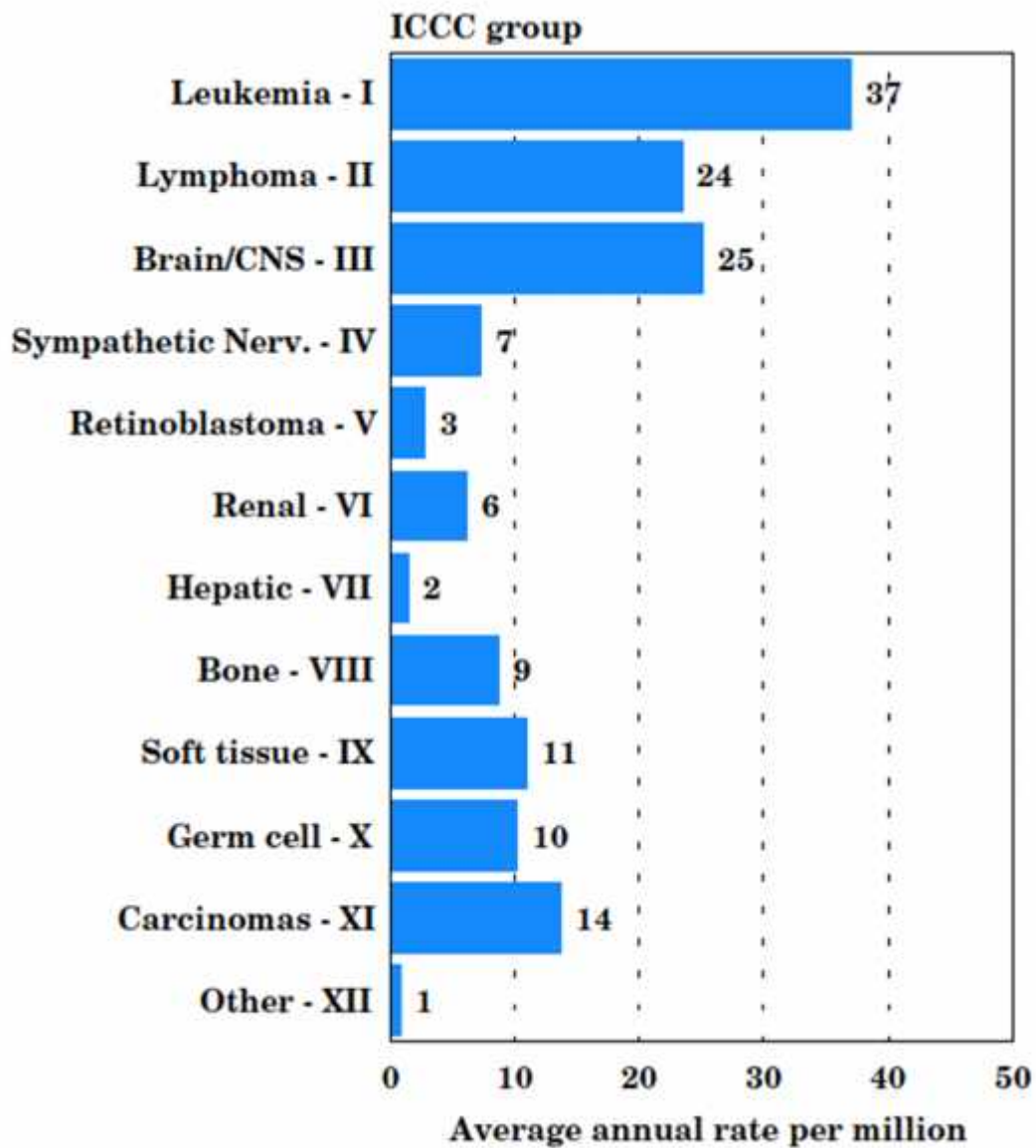
Childhood Cancer Incidence and Survival 2003-2005, Thailand

Table 1. Incidences of Cancers in Childhood, Both Sexes Combined, Thailand 2003-2005

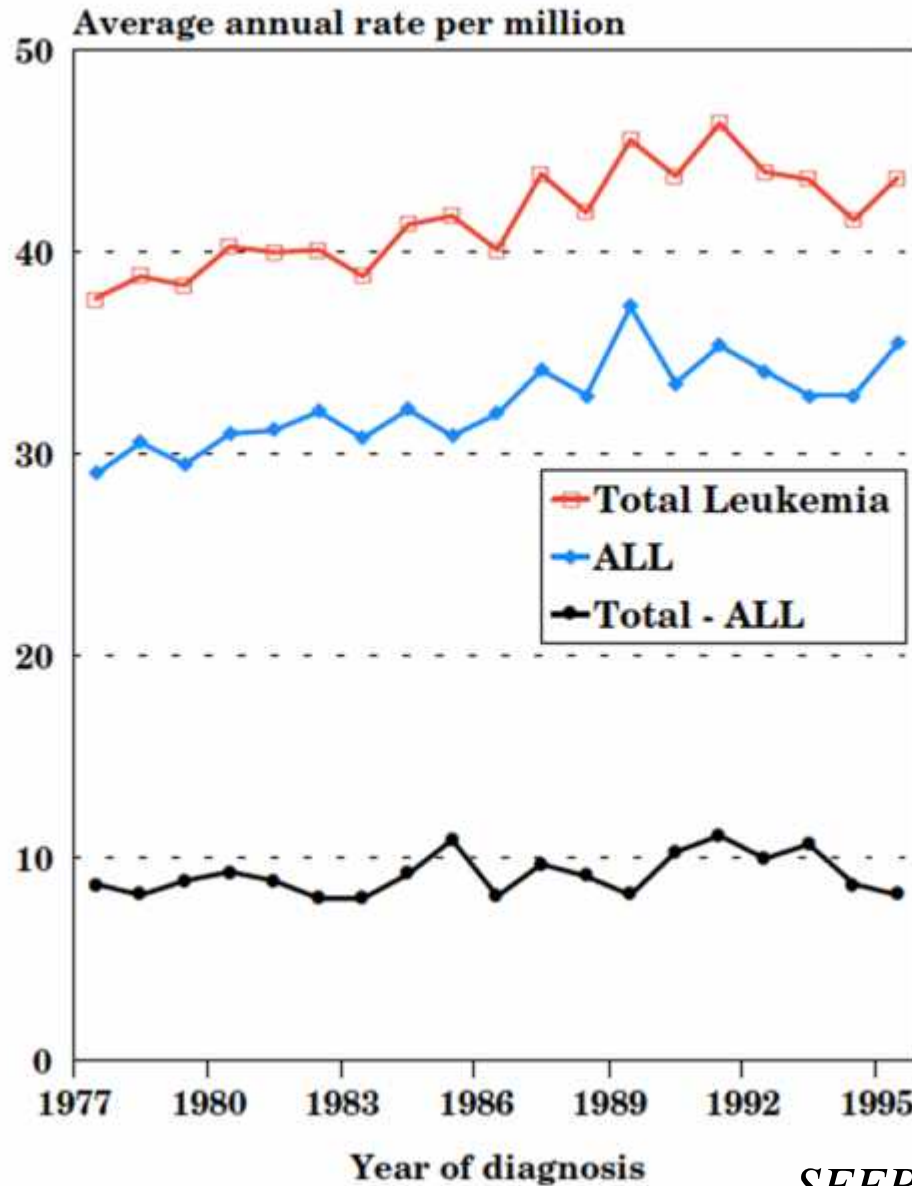
Type of Cancer	Number of cases					Rel. freq.(%)			Rate per million						
	< 1	1-4	5-9	10-14	All	M/F	Overall	Group	0-4	5-9	10-14	Crude ASR	Cum.	%MV	
I. Leukemias	82	576	418	345	1421	1.3	50.9	100	55.5	30	24	35.4	38	547	100
Lymphoid	42	451	330	206	1029	1.4	36.9	72.4	41.6	24	14.3	25.6	28	397.5	100
Acute non-lymphocytic	35	109	73	111	328	0.9	11.7	23.1	12.1	5.2	7.7	8.2	8.6	125	100
Chronic myeloid	4	11	12	24	51	1.6	1.8	3.6	1.3	0.9	1.7	1.3	1.3	19.5	100
Other specified	1	5	3	4	13	0.9	0.5	0.9	0.5	0.2	0.3	0.3	0.3	5	100

Wiangnon, 2011

Incidence in USA



Incidence in USA



Expectation in Lao PDR

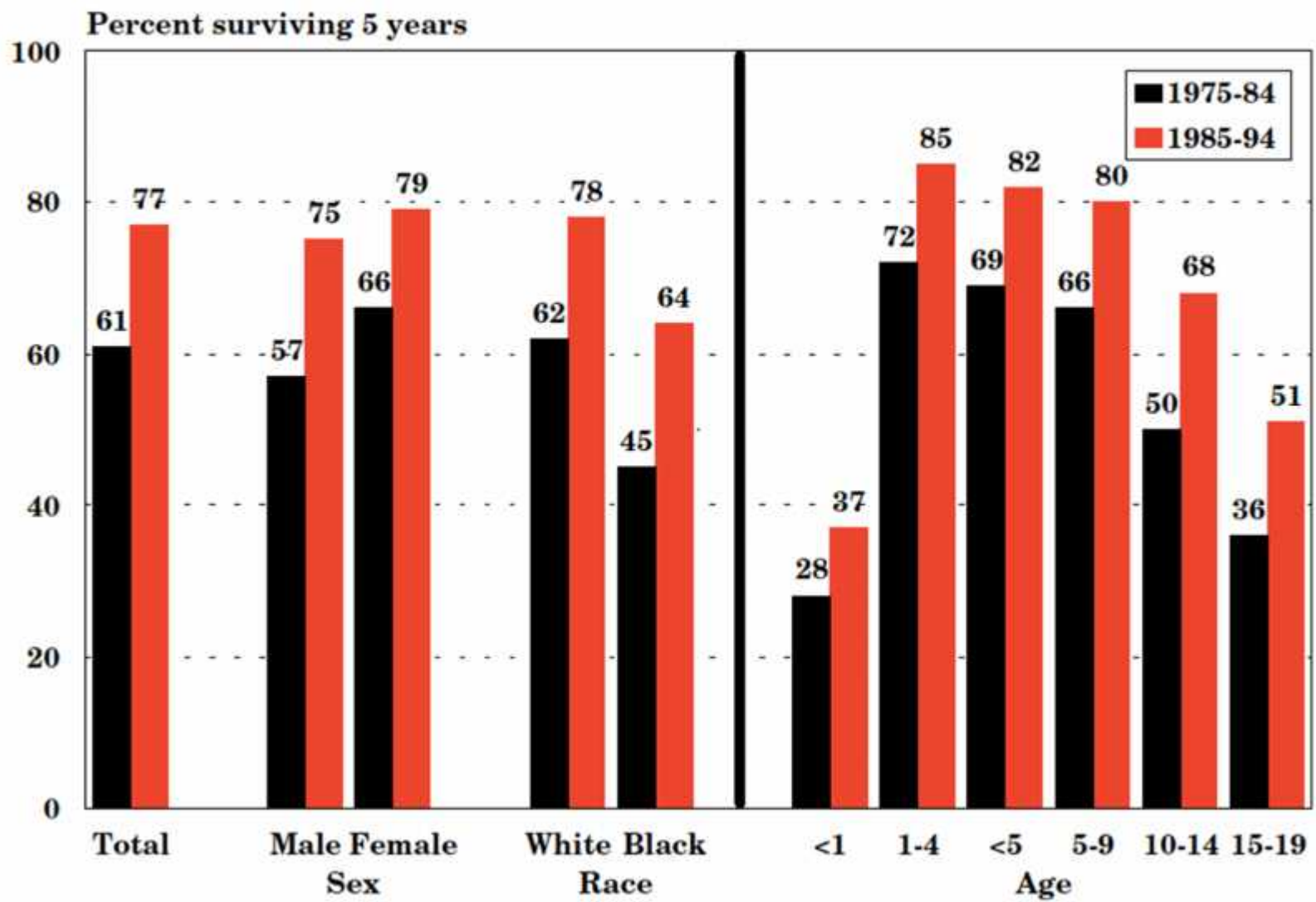
- In 2013 census, approximately 2.38 million children were aged less than 15
- 35.5% of the whole Lao population

Index Mundi, 2013

- Incidence in Lao PDR when compare to incidence in Thailand
 - Leukemia 90 per 2.38 million
 - Acute lymphoblastic leukemia 66.6 per 2.38million

Wiangnon, 2011

Figure I.8: ALL 5-year relative survival rates by sex, race, age and time period, SEER (9 areas), 1975-84 and 1985-94



Survival rate in Thailand

Surapon Wiangnon et al

Table 2. Survival by Group and Type of Childhood Cancer

Diagnosis	No. of patients	Deaths/100 PM (95%CI)	% Survival Probability (95%CI)		
			at 1 year	at 3 years	at 5 years
Leukemia	1,421	1.12 (1.02-1.2)	76.9 (74.6-79.0)	62.0 (59.4-64.5)	57.4 (54.6-60.1)
ALL	1,029	0.82 (0.74-0.91)	83.9 (81.5-86.0)	70.1 (67.2-72.8)	64.9 (61.7-67.9)
ANLL	328	2.45 (2.14-2.81)	54.7 (49.2-59.9)	32.9 (32.9-43.4)	35.5 (30.2-40.8)
Chronic	51	1.23 (0.83-1.82)	79.6 (66.2-88.2)	62.9 (48.7-74.3)	50.6 (35.7-63.8)
Other	13	1.59 (0.66-3.83)	64.8 (30.9-85.2)	55.6 (23.7-78.7)	55.6 (23.7-78.7)

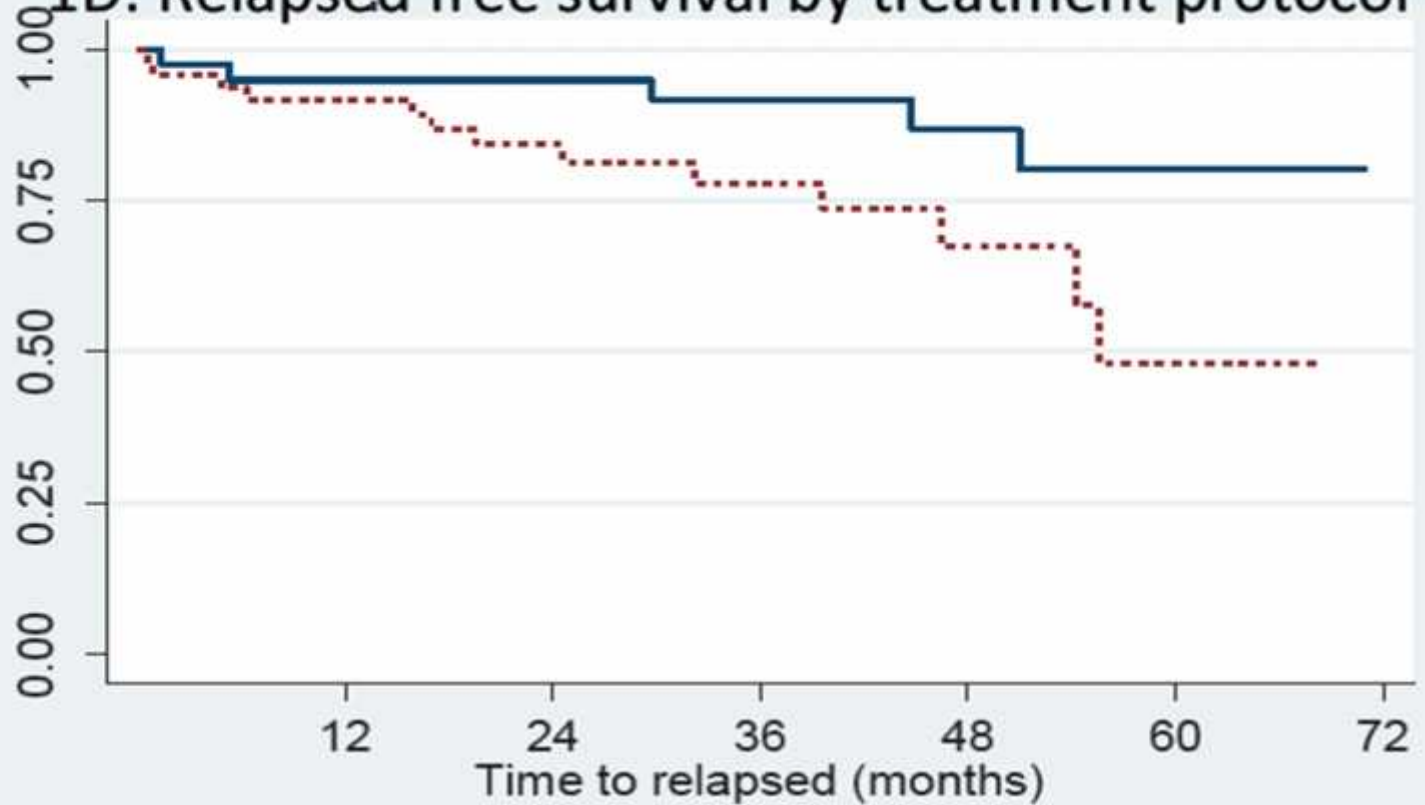
Wiangnon, 2011

Median time relapse and probability of relapse-free at 1,3 and 5 years in khonkaen

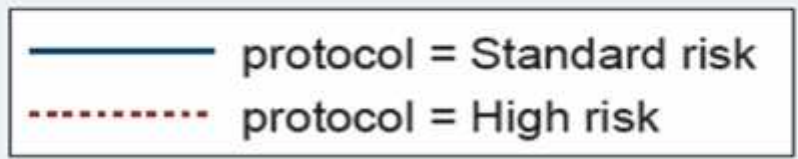
Variable	Median time to relapse Months (95%CI)	Proportion of relapsed-free (%) (years)		
		1	3	5
Sex				
Male	**	90	86.1	70.6
Female	**	94.6	83.6	58.3
Age (year)				
1-10	**	96.7	90.6	73.3
<1	39.6 (4.8, 39.6)	60	60	***
>10	54.3 (24.6,*)	90	70.1	46.7
Treatment protocol				
Standard risk protocol	**	94.9	91.7	80.2
High risk protocol	55.5 (39.6,*)	91.5	77.9	48.2
ALL subtype				
ALL, precursor T-cell	54.3 (54.3,*)	84.6	84.6	***
ALL, precursor B-cell	**	94.5	84.7	67.2
initial WBC (mm³)				
<50,000	**	94.2	86.9	65
>50,000	**	88.2	73.5	63
CNS involvement				
No	**	94.7	86.8	75.8
Yes	54.3 (29.7, 55.3)	80	68.6	18.3

* 95%CI not available due to sample size limitation. ** Median time to relapsed not available due to number of relapse < 50%. *** Relapse-free rate not available due to sample size limitation

1D: Relapsed free survival by treatment protocol



Number at risk		0	12	24	36	48	60	72
protocol = Standard risk		37	33	21	14	6		
protocol = High risk		41	31	19	10	4		



Survival rate in Asia

	Year of study	Patients (n)	Age range (years)	Median WBC ($\times 10^9/L$)	Proportion (%) with T-cell ALL	Proportion (%) with BCR-ABL1-positive ALL	Event-free survival (%)	Overall survival (%)
China								
BCH-2003/CCLG-2008 (Gao et al) ^a	2003-10	1004	0-16	N/A	10.2	6.5	82.6 (SD 1.5) at 5 years for BCH-2003 82.9 (SD 2.4) at 3 years for CCLG-2008	..
TPOG-2002 (Liang et al) ^f	2002-07	788	1-18	N/A	9.7	4.4	77.4 (SD 1.7) at 5 years	83.5 (SD 1.6) at 5 years
HK 93/97 (Li et al) ^g	1997-2002	171	1-17	12.6	14	3.5	79.0 at 4 years	86.5 at 4 years
India								
Modified BFM 76/79 (Bajel et al) ^h	1985-2003	307	1-14	10	22	5.7	56 (SD 3.2) at 5 years*	59.8 (SD 2.3) at 5 years
MCP-841 (Arya et al) ^h	1992-2002	254	1-15	N/A	31	..	51.6 (SD 3.8)	69.1 (SD 4.1)
Japan								
TCCSG L95-14 (Tsuchida et al) ⁱⁱ	1995-99	597	1-15	About 10	9.7	4.0	76.8 (SD 1.8) at 5 years	84.9 (SD 1.5) at 5 years
JCLSG ALL 2000 (Yamaji et al) ⁱⁱ	2000-04	305	1-15	N/A	9.8	0	79.7 (SD 2.4) at 5 years†	89.2 (SD 1.8) at 5 years†
KYCCSG ALL-96 (Nagatoshi et al) ⁱⁱ	1996-2002	201	1-15	7.3	10.4	4.9	72.1 at 7 years†	84.8 at 7 years†
Singapore								
Ma-Spore ALL 2003 (Yeoh et al) ⁱⁱ	2002-11	556	0-18	N/A	8.8	4.0	80.6 (SD 3.5) at 6 years	88.4 (SD 3.1) at 6 years
Korea								
B-ALL (Koh et al) ⁱⁱ	2004-08	98	N/A	N/A	0	N/A	..	88.8 (SD 5.3) at 3 years

ALL—acute lymphoblastic leukaemia. N/A—not available. WBC—white-blood-cell count. *30 patients were censored because they stopped treatment or were lost to follow-up. †Excluded patients with t(9;22). ‡Excluded patients with t(9;22) or t(4;11).

Table 1: Patients' characteristics and treatment results from selected clinical trials enrolling children with ALL in Asia

Survival rate in India

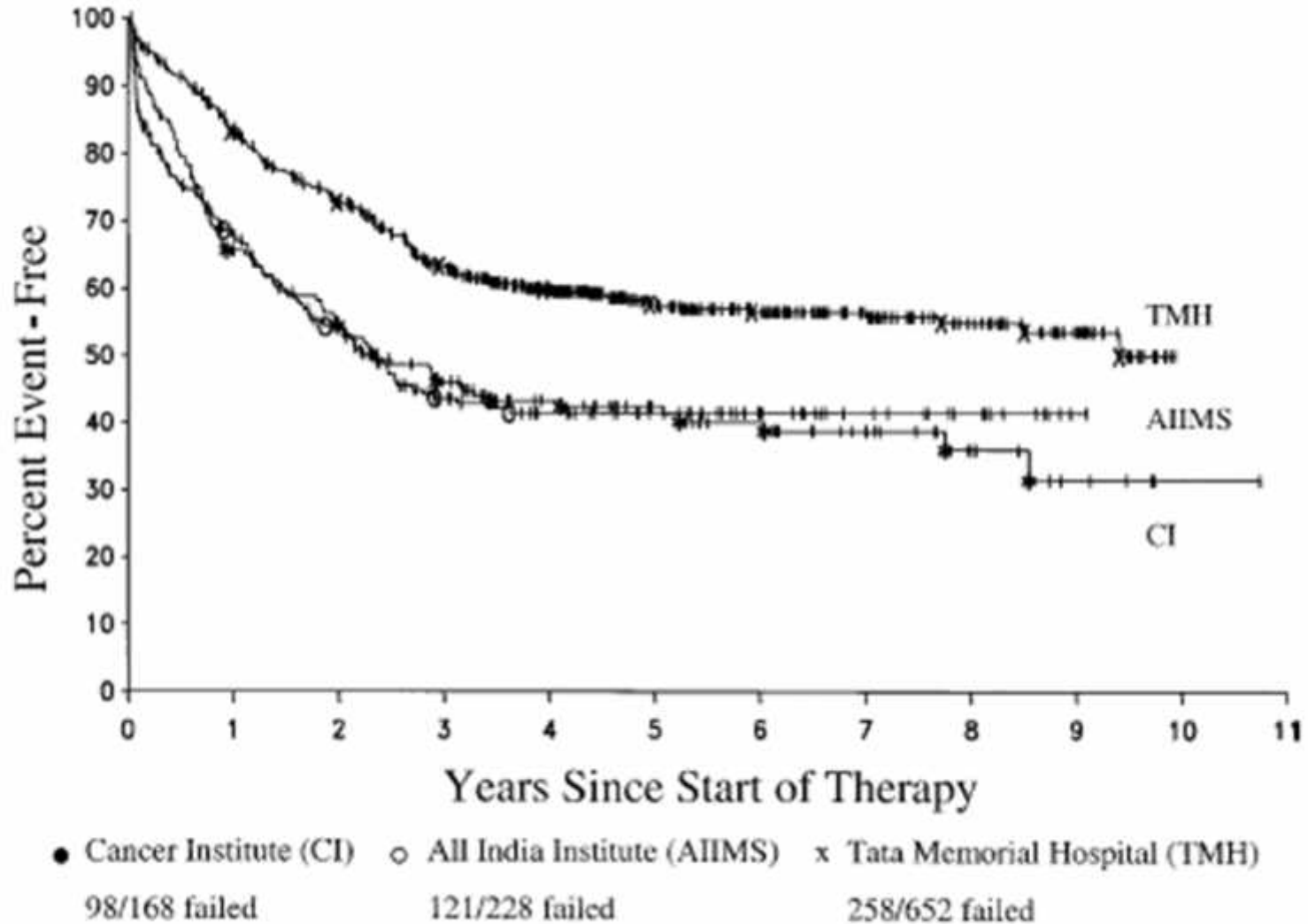
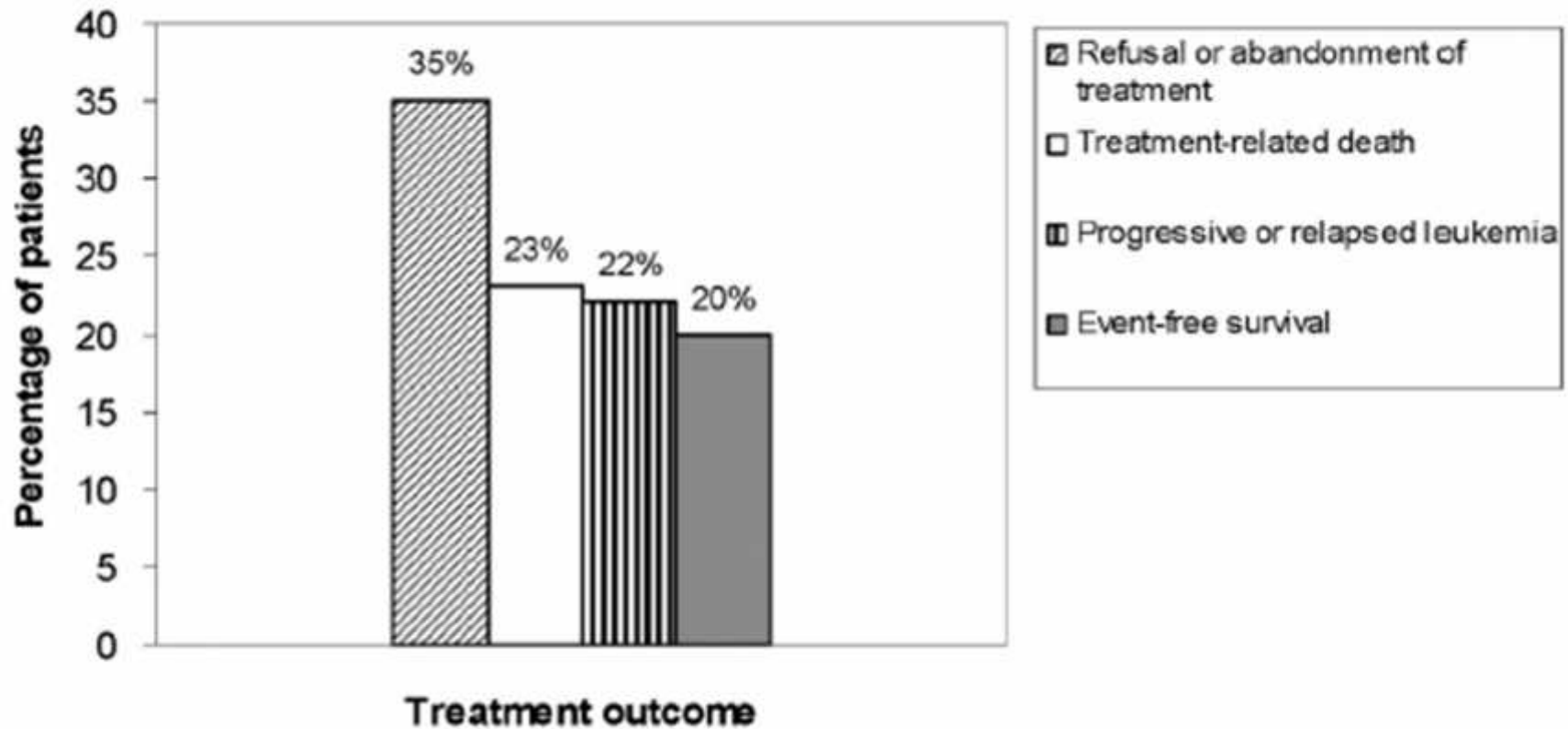


Fig. 2. Event-free survival (EFS) at the three centres.

Survival rate in Indonesia



Mostert, 2006 Journal of the American Academy of Pediatrics

Cases

Case 1: Boy, age
Xayabury
Wbc 15.560
Dx: Standard Risk ALL (SR-ALL)

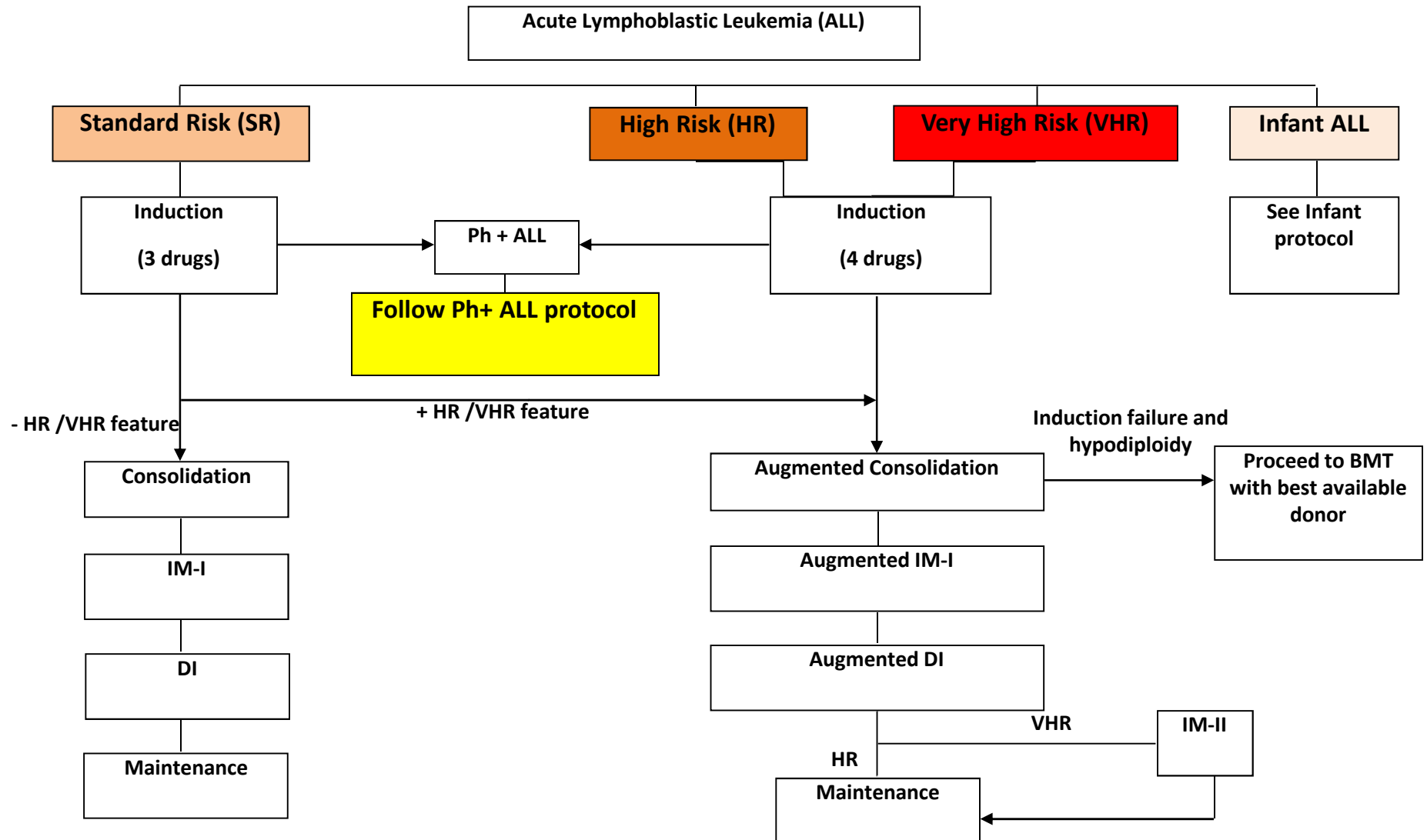


Case 2: Boy, aged 5 yr. Address: VT
Wbc 75.240
Dx: High Risk ALL (HR-ALL)

Management of ALL

- Epidemiology
- Pathogenesis and molecular epidemiology
- Genetics
- Risk group stratification
- Treatment
- Minimal Residual Disease
- Adverse reaction
- Supportive care
- Emergency condition

General ALL protocol outline



National protocol for the treatment of childhood cancer 2014, Thailand

Risk stratification

Standard Risk (SR)	High Risk (HR)	Very High Risk (VHR)

National protocol for the treatment of childhood cancer 2014, Thailand



SR-Induction

Goal of induction chemotherapy: achieve a *remission*.

Day 29 assessment



This phase reduces the number of leukemia cells in the body

Girl 2 yrs.
Boy 3 yrs.
Because boys are at higher risk for relapse than girls, many doctors favor giving them several more months of treatment.



SR

SR protocol



SR

treatments
induction.



SR-DR



SR-Maintenance

kill any residual cell that was not killed by remission induction, and intensification regimens.

ALL treatment: effective drugs are

1. vincristine-----> arrest cell mitosis
2. predinsone ----> Lympholysis
3. 6MP ----> inhibit DNA synthesis.
4. Methotrexate ----> inhibit RNA and protein synthesis
5. Doxorubich (adriamycin) ----> inhibit DNA synthesis
6. L- asparaginase ---->Asparagine depletion; ↓ protein synthesis

SR-Induction

- Vincristine
- Prednisolone
- L-Asparaginase
- Methotrexate IT

5 weeks

Assessment

IR/VHR feature

- Vincristine
- 6 MP
- Methotrexate IT

4 week

SR-Consolidation

- Prednisolone
- Vincristine
- 6MP
- Methotrexate
- Methotrexate IT

12weeks/cycle(12cycles)

- Vincristine
- Doxorubicine
- L-Asparaginase
- Cyclophosphamide
- Thioguanine
- Cytarabine

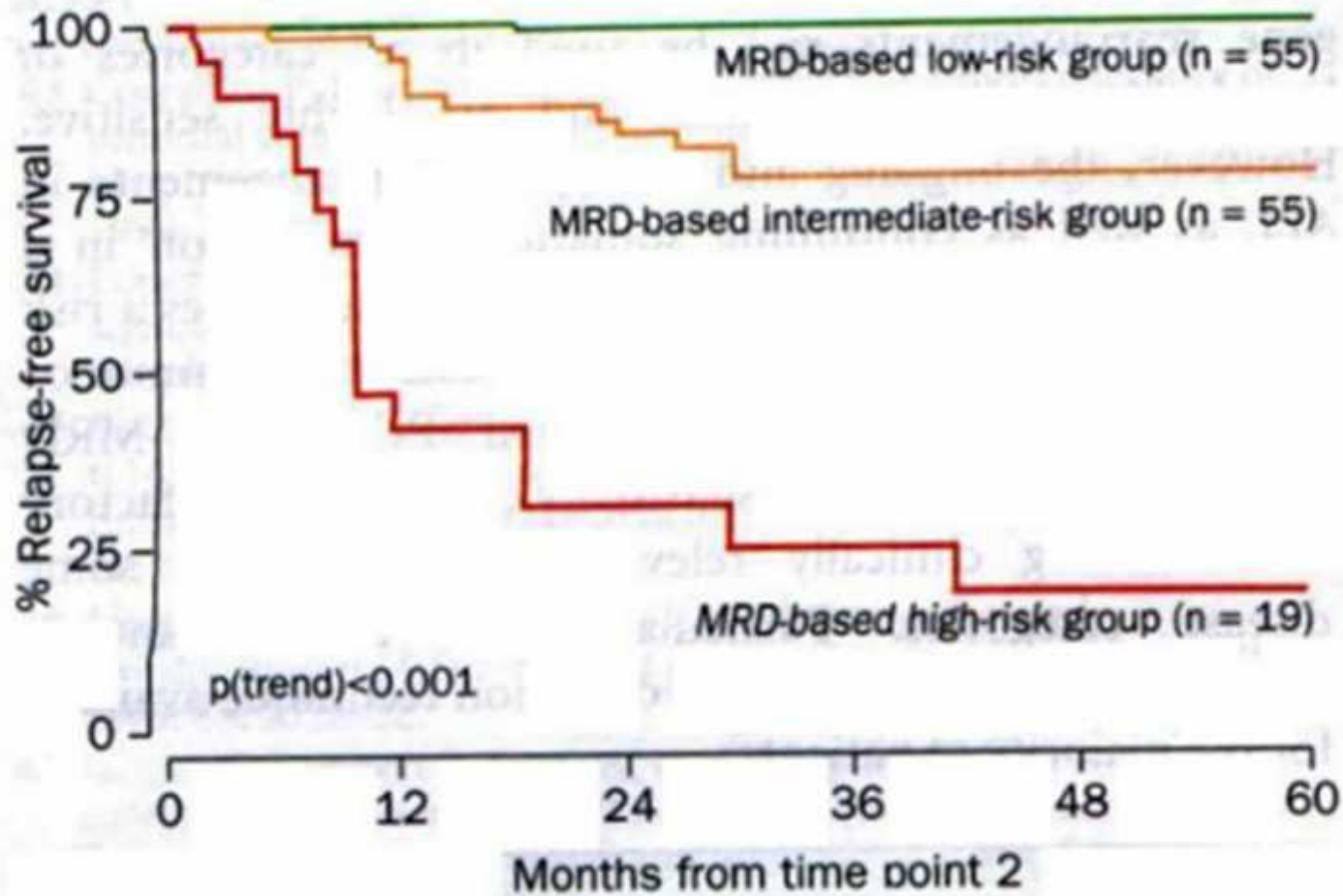
8 weeks

VCR+Steroid

85%

L-Asparaginase +/- Daunorubicin 95%

Minimal Residual Disease



Chemotherapy

Adverse reaction and management



L-Asparaginase(L-ASP)



Adverse reaction

Allergy

- **Local allergic reactions**
- **Systemic allergic reactions**
- **Anaphylaxis**

management

- continue
- discontinue
- discontinue future asparaginase therapy.



L-Asparaginase(L-ASP)



- Coagulopathy
- Hyperbilirubinemia
- Hyperglycemia
- Ketoacidosis
- Hyperlipidemia
- Pancreatitis
- Thrombosis
- CNS event (bleed, thrombosis or infarction)



Vincristine(VCR)



- Extravasation
- Constipation
- Hyperbilirubinemia

UpToDate 2014



Cytarabine(Ara-C)



- ARAC Syndrome

UpToDate 2014



Cyclophosphamide(CPM)



- Hematuria
- Renal dysfunction

UpToDate 2014



Doxorubicin(Doxo) (1)



- Cardiac toxicity
- Extravasation
- Myelosuppression
- Hyperbilirubinemia

Prednisolone(PRED)

- Hypertension
- Hyperglycemia
- Pancreatitis
- Osteonecrosis

Prednisolone(PRED)

Inability to use oral doses:

- Dexamethasone
- Prednisolone
- Severe infection
- Severe psychosis



Methotrexate(MTX) (IT)



Systemic - Leucovorin



Methotrexate(MTX) HD Infusion

Adverse reaction	Management
Nephrotoxicity:	<ul style="list-style-type: none">• Postpone course if serum Creatinine > 1.5 x baseline or GFR < 65 ml/minute/1.73m². If renal function does not recovery, omit MTX.
Liver dysfunction: <ul style="list-style-type: none">• ALT<20• ALT>20• direct hyperbilirubinemia > 2.0 mg/dl	<ul style="list-style-type: none">• Continue• Discontinue • Hold IV MTX

Hydration 125ml/m²/h

Urine spec ≤ 1.010

pH 7-8



Methotrexate(MTX) HD Infusion

Adverse reaction	Management
Mucositis:	<ul style="list-style-type: none">• Hold IV MTX for grade 3-4 mucositis until resolved• Increase leucovorin rescue following the next course to 5 doses on a Q 6 H schedule• If mucositis recurs despite the extended leucovorin, decrease the dose of MTX by 25% and increase hydration to 200 ml/m²/hr with 5 doses of leucovorin.• Should subsequent courses be well tolerated, use a stepwise approach to resuming full MTX dose.
Myelosuppression:	<ul style="list-style-type: none">• All chemotherapy should be held for ANC < 750/ul and platelet < 75,000/ul



Mercaptopurine(6 MP) and Methotrexate(MTX)

Adverse reaction	Management
<p><u>For low blood count:</u></p> <ul style="list-style-type: none">• ANC <500 or PLT < 50,000• Prolonged cytopenia more than 4 weeks	<ul style="list-style-type: none">• Held 6-MP and MTX until recovery• BM evaluation to rule out relapse• TPMT status evaluation
<p><u>For persistent ANC \geq 1500</u></p> <ul style="list-style-type: none">• ANC \geq 1500 for 2 consecutive month	<ul style="list-style-type: none">• alternate increase dose of MTX or 6-MP by 25%

Supportive Care

Infection prophylaxis and treatment

- **Antibiotic Prophylaxis:**
 ciprofloxacin plus fluconazole = high risk
- **Pneumocystis prophylaxis:**
 - **First line:** Trimethoprim-sulfamethoxazole
 - **Second line options:** Dapsone

Mucositis

- Moderate (Grade 3)
- severe (Grade 4)

IV fluids, hyper-alimentation and strong consideration of broad-spectrum antibiotics if febrile or appearing ill

Antiemetic protection

Antiemetic should be given as needed. The routine use of steroids should be avoided.

Management of Oncologic Emergencies

Oncology emergency

- Metabolic emergencies
- Hematologic emergencies
- Febrile neutropenia

Metabolic Emergencies

Tumor lysis Syndrome

70% lab criteria, 3% clinical

- Tumor cell death: Spontaneously, Chemotherapy

potassium ↑

phosphate ↑

uric acids ↑

Hypocalcaemia ↓

Metabolic Emergencies

Prevention

- IV hydration
 - Initiation iv 2-3L/m²/d, 200ml/kg/d
 - Maintenance 80-100ml/m²/h, 2ml/kg/h
 - Furosemide
- Urinary alkalinization — sodium bicarbonate, urine pH of 6.5 to 7.0
- Allopurinol

Febrile Neutropenia

- A single oral temp ≥ 38.3 ° C (101 ° F) *or*
- A temperature of ≥ 38 ° C (100.4 F) on two occasions separated by 1 hour
- ANC $\leq 500/\text{mm}^3$ or $\leq 1000/\text{mm}^3$ and predicted decline to $\leq 500/\text{mm}^3$

hyperleukocytosis

- Defined as a peripheral WBC $>100,000$ cells/uL
- Symptoms include dyspnea due to pulmonary infiltration and altered mental status due to CNS effects;
- emergency leukapheresis to rapidly reduce the WBC count

Blood bank support

- Transfusion: Hb < 7g/dl

- Plt < 10,000/mm³ = Plt transfusion
- Plt > 50.000/mm³ = LP
- Plt > any = BMA
- Plt > 20.000/mm³ =DIC

Costs

Thai POG
 BSA 1m²
 Normal < 1m²

Phase	Medication (unit/	Cost/cycle	# Cycle	Subtotal
Induction	Vincristine (mg/m ²)			
	Prednisone (mg/m ²)			
	L-ASP (IU/m ²)			
	IT-MTX (mg)			
		12230	1	12230
Consolidatio	Vincristine (mg/m ²)			
	6-MP (mg/m ²)			
	IT-MTX (mg)			
		2252	1	2252
IM-I	Vincristine (mg/m ²)			
	HD-MTX (g/m ²)			
	Leucovorin (mg/m ²)			
	IT-MTX (mg)			
		26259	1	26259
DI	Dexamethasone (mg			
	Vincristine (mg/m ²)			
	Doxorubicin (mg/m ²)			
	L-ASP (IU/m ²)			
	CPM (mg/m ²)			
	6-TG (mg/m ²)			
	ARA-C (mg/m ²)			
	IT-MTX (mg)			
		16531	1	16531
Maintenance	Prednisone (mg/m ²)			
	Vincristine (mg/m ²)			
	6-MP (mg/m ²)			
	MTX (mg/m ²)			
	IT-MTX (mg)			
		4878	12	58538
Total cos				115811

THE LANCET **Oncology**

Volume 14, Issue 12, November 2013, Pages e508–e523



Review

Management of adult and paediatric acute lymphoblastic leukaemia in Asia: resource-stratified guidelines from the Asian Oncology Summit 2013

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	Total population (x1000)	Proportion age 0-14 years (%)	Doctors (n/10 000 population)	Nurses and midwives (n/10 000 population)	Tuberculosis prevalence (cases/100 000 population)	Proportion of underweight children among under-5s (%)	Under-5 mortality (deaths/1000 births)	Measles immunisation coverage among under-1s (%)	Annual government expenditure per person (US\$)	Annual total health-care expenditure per person (US\$)
Basic resources										
Burma	48337	25%	5	8	525	30%	62	88%	4	34
Afghanistan	32358	46%	2	5	352	33%	101	62%	5	44
Bangladesh	150494	31%	3	3	411	41%	46	94%	19	57
Pakistan	176745	35%	8	6	364	31%	72	86%	23	59
Nepal	30486	35%	2	5	238	39%	48	86%	22	66
Timor-Leste	1154	46%	1	22	643	45%	54	66%	47	84
Laos	6288	34%	3	10	130	36%	42	64%	32	97
Limited resources										
Indonesia	242326	27%	3	20	289	20%	32	89%	55	112
Cambodia	14305	31%	2	8	660	29%	43	93%	45	121
India	1241492	30%	6	13	256	44%	61	74%	39	132
Philippines	94852	35%	12	60	502	21%	25	88%	50	142
Sri Lanka	21045	25%	5	19	101	22%	12	99%	66	148
Vietnam	88792	23%	12	10	334	20%	22	98%	81	215
Mongolia	2800	28%	28	35	331	5%	31	97%	120	218
Bhutan	738	29%	<1	3	181	13%	54	95%	239	275
Enhanced resources										
Thailand	69519	20%	3	15	182	7%	12	98%	247	330
China	1347565	19%	14	14	108	3%	15	99%	203	379
Maldives	320	26%	16	45	13	18%	11	97%	281	464
Malaysia	28859	30%	9	27	107	13%	7	96%	356	641
Brunei	406	26%	14	49	91	N/A	7	94%	1230	1449
Maximum resources										
South Korea	48391	16%	20	53	151	N/A	5	98%	1193	2023
Singapore	5188	17%	18	59	44	3%	3	95%	825	2273
New Zealand	4415	20%	27	109	9	N/A	6	91%	2514	3020

**Panel 1: Recommendations for diagnostic work-up,
according to resource availability**

Basic resources

Children and adults

- Morphology with or without cytochemistry
- Chest radiography to detect mediastinal mass

Limited resources

Children

- Morphology and cytochemistry
- Immunophenotyping (restricted)
- DNA index
- RT-PCR of *BCR-ABL1*, *MLL-AFF1*, and *ETV6-RUNX1*

Adults

- Morphology and cytochemistry
- Immunophenotyping (restricted to exclude acute myeloid leukaemia and mixed-lineage acute leukaemia)
- RT-PCR of *BCR-ABL1*
- Cytogenetics for Philadelphia chromosome or fluorescence in-situ hybridisation of *BCR-ABL1*

Enhanced resources

Children

- Morphology
- Immunophenotyping
- DNA index
- RT-PCR of *BCR-ABL1*, *MLL-AFF1*, *ETV6-RUNX1*, and

Panel 2: Recommendations for risk assignment, according to resource availability

Basic resources

Children and adults

- Age
- Leucocyte count
- Day 8 peripheral-blood response

Limited resources

Children

- Age
- Leucocyte count
- Immunophenotype (T cell vs B cell)
- Blast-cell count in peripheral blood after 1 week of prednisone treatment, or percentage of leukaemic blast cells in bone marrow at day 8
- Day 15 and end-of-induction bone-marrow response
- If available, RT-PCR of *BCR-ABL1*, *MLL-AFF1*, and *ETV6-RUNX1*

Panel 3: Proposed protocol for children and adults with acute lymphoblastic leukaemia in countries with basic resources (not risk-stratified)

Induction (two-drug), for 1 month

- Vincristine 1.5 mg/m² per dose*, days 1, 8, 15, and 22
- Prednisolone 40–60 mg/m² per day, for 28 days
- Asparaginase (if available) 6000 U/m² per dose, days 4, 6, 8, 11, 13, and 15
- Intrathecal methotrexate, days 8, 15, and 22

Interim maintenance (part 1), for 8 weeks

- Mercaptopurine 37.5–50 mg/m² or tioguanine 30–40 mg/m²† per night (before bedtime)
- Oral methotrexate 15–20 mg/m² per dose, weeks 2, 4, 6, and 8
- Intrathecal methotrexate, weeks 1, 3, 5, and 7

Delayed intensification (part 1), for 4 weeks

- Vincristine 1.5 mg/m² per dose*, days 1, 8, 15, and 22
- Dexamethasone 4–6 mg/m² per day, for 28 days
- Intrathecal methotrexate, days 1 and 15

Interim maintenance (part 2), for 8 weeks

- Same as interim maintenance part 1

Delayed intensification (part 2), for 4 weeks

- Same as delayed intensification part 1

Maintenance, 4-week block, repeated until 2 years

- Mercaptopurine 37.5–50 mg/m² or tioguanine 30–40 mg/m²† per night, for 28 days
- Oral methotrexate 15–20 mg/m² per week, for 4 weeks
- Dexamethasone 4–6 mg/m² per day, for 5 days during week 3
- Vincristine 1.5 mg/m² per dose*, week 3

*Maximum dose of vincristine should be capped at 2 mg. †Prolonged treatment with tioguanine can be associated with veno-occlusive disease of the liver and thrombocytopenia and should only be used when mercaptopurine is not available.

Children	
Basic resources	
Antiemetics	Metoclopramide and diphenhydramine, lorazepam, chlorpromazine, dexamethasone
Analgesics	Paracetamol, codeine, morphine
Antibiotics	Cephalosporins, antipseudomonas semisynthetic penicillins, aminoglycosides, trimethoprim-sulfamethoxazole
Blood products	Whole blood (directed), platelets
Prevention of tumour lysis	Allopurinol
Limited resources	
Antiemetics	Metoclopramide and diphenhydramine, lorazepam, chlorpromazine, dexamethasone, ondansetron
Analgesics	Intravenous midazolam and ketamine for painful procedures, codeine, methadone, morphine (multiple formulations)
Antibiotics	Broad-spectrum antibiotics, amphotericin B
Prophylaxis	Trimethoprim-sulfamethoxazole for <i>Pneumocystis jirovecii</i>
Blood products	Packed red-blood cells, platelets
Prevention of tumour lysis	Allopurinol
Enhanced and maximum resources	
Antiemetics	Ondansetron, granisetron, aprepitant
Analgesics	Central venous catheters, sedation or general anaesthesia for painful procedures, fentanyl and other opioids
Antibiotics	Broad-spectrum antibiotics, carbapenems, azoles, echinocandins
Prophylaxis	Trimethoprim-sulfamethoxazole for <i>Pneumocystis jirovecii</i> ; lamivudine, entecavir, tenofovir for hepatitis B carriers
Blood products	Leucocyte-depleted or irradiated blood components, single-donor platelets
Nutrition	..
Prevention of tumour lysis	Allopurinol with or without rasburicase

Table 3: Recommendations for supportive care for children and adults with acute lymphoblastic leukaemia

Psychosocial

- Shock at diagnosis
- Denial - Guilt
- Information overload
- Procedures
- Care of siblings
- Finances, Job loss
- Uncertain future
- ❖ Short versus long term

Summary

1. ALL, SR 2/3
2. Survival by 60% (In Laos save.....
3. Practical and feasible in Laos
4. Cost affordable
5. supportive care possible